

presented by FLG Lacrosse

The Player & The Parent	Step No. 1 Fill out Lacrosse Recruits Profile Profile picture Transcript and test scores GPA Upcoming schedule with FLG & HS team Favorite 30+ Schools - size, location, etc. Highlight film
The Player The Parent & FLG	Step No. 2 Meet with FLG Directors at HQ
The Player The Parent & FLG	Step No. 3 Be sincere. Be persistent. Ask Questions. Make Connections. Get Recruited. • Follow the FLG recruiting calendar, which includes • Attend any Lax Recruits webinar online • Emailing college coaches thru lax recruits • Attending FLG recruiting meetings & webinars • Attending College Prospect Days and showcases • Visiting college campuses as a family • Staying in touch with FLG Directors • Follow-up and stay in touch with college coaches

In our experience, here is some important 'Words of wisdom'

- Pick a school, not a coach.
- Drop the D's. Doesn't matter if you play Division I, II, III, or Club lacrosse.
- Parents, be supportive and positive. Help, but don't handle.
- Through the process: Be sincere, be persistent, ask questions, make connections.